

2011 Virginia Area Al-Anon Fall Assembly

"Building Healthy Groups through Attention – Appreciation – Affection"

October 15-16

Wyndham Virginia Crossings Hotel & Conference Center
1000 Virginia Center Parkway – Glen Allen, VA 23059

WHEN YOU COME TO FALL ASSEMBLY PLEASE BRING YOUR SERVICE MANUAL AND EVERYTHING IN THIS MAILING, INCLUDING THE MINUTES FROM SPRING ASSEMBLY.

Group Representatives as well as members from every Virginia Area Al-Anon/Alateen Group are encouraged to attend this Assembly to represent their Group, share ideas, experience the workings of the Assembly and enjoy the special fellowship that Assemblies provide. The focus at Assembly is on service and business of the Area.

Assembly Activities Include:

- Vital information-packed Opening Sessions for all members, all DRs, and all first time Assembly attendees.
- Action Committee/Workshop break-out sessions
- Update activity reports from Districts, Area Officers and Area Coordinators
- Voting Issues
 - VAWSC recommendations regarding Alateen process.
 - 2012 Area Budget
- Spiritual Speaker
- Early Bird and Night Owl Meetings
- GR and DR Rap Sessions
- Q & A Session

The Area Action Committee/Workshop structure provides members a choice to participate in one of the following four sessions. The choices are:

1. Public Outreach Action Committee topic: "Public Outreach at Every Level" – In this session, members will explore how Public Outreach can be effective at the level of Groups, Districts and the Area.
2. Group Services Action Committee topic: "Finance 101 for Groups and Districts" – During this session, members will work on developing practical and workable ways to develop a responsible financial component for self-supporting Groups and Districts.
3. Alateen Action Committee topic: "Handy Guide for Alateen Sponsors" – During this session, members will continue to develop a practical resource guide for Alateen Sponsors.
4. Workshop topic: "The Things that Aggravate us in Meetings and How to Deal with Them" – Participate in a solution-based discussion using our Conference Approved Literature and personal sharing to address things in our meetings that distract us from our primary purpose.

Registration fee includes Saturday dinner, Sunday breakfast and guest room.

**SEND ALL PAYMENTS FOR ASSEMBLY TO THE AREA ADDRESS LISTED ON THE SEND-IN REGISTRATION FORM.
DO NOT SEND A PAYMENT TO THE HOTEL.**

Assembly check-in begins at 9:00 AM on Saturday in the Madison Building, 2nd floor Ballroom Lobby.

*****Hotel guest room check-in** begins at 4:00 PM in the Jefferson Building Lobby***

OPENING SESSIONS BEGIN AT 10:30 AM ON SATURDAY FOR ALL GRS – ALL DRs – ALL FIRST TIME ASSEMBLY ATTENDEES – ALL INTERESTED MEMBERS

Saturday lunch is on your own.

(The Crossings has offered a special rate of \$14.00 per person {this includes tax and tip} if you would like to have their lunch buffet between noon and 1:00 on Saturday. Your check-in packet will also contain a listing of many local restaurants for your convenience.)

ASSEMBLY CONTINUES AT 1:00 PM THROUGH NOON ON SUNDAY.

Return the registration form postmarked by **September 14th** to receive the best registration rates.

No refunds after September 14th.

Registration forms postmarked **September 15th – September 21st** add \$25 to the listed registration rates.

REGISTRATION IS CLOSED MIDNIGHT SEPTEMBER 21st

PLEASE BRING YOUR SERVICE MANUAL AND EVERYTHING INCLUDED IN THIS MAILING WHEN YOU COME TO ASSEMBLY.

The Crossings is a smoke-free facility. Smoking is permitted outside near provided receptacles.

Driving directions are on the back (Page 2) and a map of The Crossings is also included.

All questions regarding registration should be directed to:

Cynthia B.: 757-708-4557 or burrellcynth@aol.com

Thelma C.: 757-487-8534 or pigie1@juno.com

Thank you for all you do to make the work of The Virginia Area Al-Anon Assembly possible.

Driving Directions

Wyndham Virginia Crossings Hotel and Conference Center

1000 Virginia Center Parkway
Glen Allen (Richmond), Virginia 23059

From Washington, DC

From Washington, DC Take I-95 South. Exit 86B onto Route 656, Elmont West. At second light, turn left onto Route 1 South for one mile. Turn left onto Virginia Center Parkway. Follow Virginia Center Parkway for 9/10 of a mile and turn left into the Hotel entrance.

From Charlottesville, Virginia

Take I-64 East to I-295 South. Follow I-295 for 8 miles. Stay in right lane and merge "To Exits 43 D-C-B-A, US 1". Take Exit 43C US 1 North to Ashland. Exit ramp will merge onto US 1 North (Brook Road). Follow US 1 for 3/10 of a mile to first stop light at Virginia Center Parkway, turn right. Follow Virginia Center Parkway for 9/10 of a mile and turn left into the Hotel entrance.

From Virginia Beach / Norfolk, Virginia

Take I-64 West to I-295 North. Follow I-295 north for 15 miles. Stay in right lane and merge "To Exit 43 B-C-D toward Richmond/Ashland /US 1". Take Exit 43C to Ashland and US 1 North. Exit ramp will merge onto US 1 North (Brook Road). Follow US 1 to first stop light at Virginia Center Parkway, turn right. Follow Virginia Center Parkway for 9/10 of a mile and turn left into the Hotel entrance.

From Richmond, Virginia & North Carolina

Take I-95 North to Exit 84 B. Exit ramp will merge on to I-295 North. Remain in right lane. Take Exit 43C to Ashland and US 1. Exit ramp will merge onto US 1 North (Brook Road). Follow US 1 to first stop light at Virginia Center Parkway, turn right. Follow Virginia Center Parkway for 9/10 of a mile and turn left into the Hotel entrance.

