
Looking for an opportunity to be of service?

VA Area Al-Anon Convention needs assistance in the Hospitality Room

How can you help?

- **Volunteer your time**

Work an hour or two in hospitality room during the convention
To volunteer your time, please fill in the space on your convention registration form or contact one of the Hospitality Co-Chairs below.
The Hospitality room is closed during speaker meetings and workshops so you will not miss anything.

- **Bake, make, or bring food**

Some suggestions are: nuts, water, drinks, chocolate, fruits, vegetables, chips, crackers, dips, flavored teas, sweets, coffee cakes, breakfast foods, your favorite dish to share
Please bring food that does not require refrigeration or heating.

- **Donations**

One of our goals for this convention was to reduce the registration fees. Keeping that in mind, financial assistance is always welcome.

Any suggestion or questions contact:

Nancy A. nancyaaron45@gmail.com

434.710.0396

Morgan S. morgans-123@hotmail.com

434.489.3895
